

# Palmetto Tennis Center Junior Standard Programming

www.sumtertennis.com

## Performance Intermediate Level - Ages 8 & Up

*Tuesdays & Thursdays: 5:00 - 6:30 p.m.*

The focus of this clinic is on stroke production and match play situations. Players will be encouraged to participate throughout the year in different events. Goals include the ability to rally while sustaining stroke mechanics. Most are taking, or have taken, private lessons.

**\$12 per hour when registered for a session**  
**\$48 for 1x per week / \$96 for 2x per week**

(4 week sessions of one day per week)

**\$15 per Drop-in** (based on space available)

## High Performance Advanced Level - Ages 18 & Under

*Tuesdays & Thursdays: 5:00 - 7:00 p.m.*

*(Saturdays during High School Team Play)*

High Performance is an immersion of tactical and competitive work and play based drills. Advanced players, top high school players, and top tournament players will find themselves challenged physically and mentally. Advanced level play requires commitment to excellence and the willingness to achieve goals during clinics and on their own time.

**\$15 per hour when registered for a session**  
**\$60 for 1x per week / \$120 for 2x per week**

(4 week sessions of one day per week)

**\$18 per Drop-in** (based on space available)

Palmetto Tennis Center's  
**Performance  
Training  
Center**



Thompson



Palmetto  
Tennis Center  
*Sumter, South Carolina*

### Standard Adult Programming

*Adult Quick Start*

*League Tennis*

*Adult Basics*

*Adult Performance*

*Men's Drills*

*Adult Power Drills I*

*Adult Power Drills II*

*League Training*

*Adult 60 Minute Tennis - Cardio*

*Adult Pickle Ball*

### Standard Junior Youth Programming

*Net Generations*

*10 & Under*

*Spinners*

*Aces*

*Drop Shots*

*Slammers*

*Challengers*

*Junior Quick Start*

*Performance*

*High Performance*

*Kids 60 Minute Tennis - Cardio*

### Private Parties

*Saturday 7:00-10:00*

### Birthday Parties

*Call for Availability*

*12:00-2:00*

*2:30-4:30*

**803-774-3969**



**Kyle Beynor**

*Tennis Performance Professional*