

Spinners:

Ages 3 - 4 Years Old

Mondays &

Wednesdays: 3:30-4:00p.m.

- Focus is on movement, balance, coordination and basic tennis skills.
- Goal: To form a foundation for tots on the tennis court.
(Parents are invited to join their children on court)

Foam Ball

\$8 per hour when registered for a session

\$32 for 1x per week / \$64 for 2x per week

(4 week sessions of one day per week)

\$10 per Drop-in (based on space available)

Drop Shots:

Ages 5 - 8 Years Old

Tuesdays &

Thursdays: 3:30-4:15p.m.

- Focus is on basic physical skills such as sending and receiving, balance, throwing, catching, and tracking.
- Goal: Player has the ability to "rally" ball back and forth with a coach or parent.

Red Ball 1 & 2

\$10 per hour when registered for a session

\$40 for 1x per week / \$80 for 2x per week

(4 week sessions of one day per week)

\$13 per Drop-in (based on space available)

Slammers:

Ages 8 - 10 Years Old

Tuesdays &

Thursdays: 4:30-5:30p.m.

- Focus is on physical skills such as sending and receiving, balance, throwing, catching, tracking, agility, and more complex coordination.
- Players begin to understand the concepts of serving, rallying, scoring and match play.
- Goal: Player has the ability to "rally" with coach or parent as well as with another player of like ability.
- Beginning to understand the concepts of serving, rallying, and scoring.

Orange Ball 1 & 2

\$10 per hour when registered for a session

\$40 for 1x per week / \$80 for 2x per week

(4 week sessions of one day per week)

\$13 per Drop-in (based on space available)

Palmetto Tennis Center

10 & Under

Standard Programming

www.sumtertennis.com

Aces:

Ages 8 - 12

Mondays & Wednesdays: 4:30-5:30p.m.

- Focus is on the physical skills associated with being able to play the game.
- Players will be challenged more to use good technique and will be expected to play independently on the 60' court.
- Aces to Performance will be determined by kids participation in Fun Fridays, USTA Play Days, and any USTA intro or higher tournament participation.
- Goal: Perfecting the skills in organized play.
- Players in this group will advance to Performance once they have their skills and abilities enhanced for full commitment.

Green Ball

\$10 per hour when registered for a session

\$40 for 1x per week / \$80 for 2x per week

(4 week sessions of one day per week)

\$13 per Drop-in (based on space available)

Challengers:

Ages 11 - 18

Tuesdays & Thursdays: 4:00-5:00p.m.

- Focus is on stroke technique and development.
- Players in this group have limited experience and are looking for the basic skills to get started.
- Goal: Player develops the ability to serve, rally, and score.
- Players in this group are interested in learning the necessary skills in their first steps to possibly play on a school tennis team.

Green and Yellow Ball

\$12 per hour when registered for a session

\$48 for 1x per week / \$96 for 2x per week

(4 week sessions of one day per week)

\$15 per Drop-in (based on space available)



Thompson

Standard Junior Youth Programming

Net Generations

10 & Under

Spinners

Aces

Drop Shots

Slammers

Challengers

Junior Quick Start

Performance

High Performance

Kids 60 Minute Tennis - Cardio

Palmetto Tennis Center's
Performance Training Center



803-774-3969

Julia Sorrells

Tennis Training Professional



Standard Adult Programming

Adult Quick Start

League Tennis

Adult Basics

Adult Performance

Men's Drills

Adult Power Drills I

Adult Power Drills II

League Training

Adult 60 Minute Tennis - Cardio

Adult Pickle Ball

Private Parties

Saturday 7:00-10:00

Birthday Parties

Call for Availability

12:00-2:00

2:30-4:30