# 2019



## **RACE ROUTE**

### **BIKE ROUTE:**

- Aquatics Center left onto Lafayette
- Lafayette left onto 521
- Approximately an 8.5 mile bike to Love Church at the Sumter and Clarendon County State line (turn around).
- 521 left to Lafayette
- Lafayette right to the Aquatics Center and transition area.

#### **RUN ROUTE:**

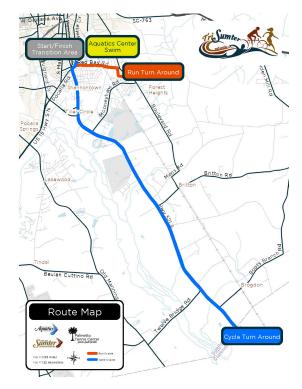
- Aquatics Center through the Hope Center parking lot left onto Red Bay
- · Red Bay right onto Habitat Drive
- Turn around at the last cul-de-sac on Habitat
- Habitat left onto Red Bay
- Red Bay right onto Lafayette
- Lafayette to the Aquatics Center and
- · Finish Line!



















1115 S. Lafayette Drive
Sumter, SC 29150

TriSumter starts with a 300 yard pool swim in the outdoor heated pool at the City of Sumter Aquatics Center.

It will be a stagger start with one person starting every five seconds.

There will be a
17 mile bike course and
a 5K running course
that will travel through
the Sumter area.

All events will start and end at the City of Sumter Aquatics Center.

Online registration is available: WWW.TRISUMTER.ORG

The TriSumter Triathlon is a USAT sanctioned race.
The swim is a 300 yard pool swim in the outdoor heated pool at the City of Sumter Aquatics Center. It will be a stagger start with one person starting every five seconds. There will be a 17 mile bike course and a 5K running course that will travel throughout the Sumter area.
All of the events will start and end at the City of Sumter Aquatics Center.

**Age Groups:** 

12-15	16-19
20-24	25-29
30-34	35-39
40-44	45-49
50-54	55-59

### 60 and above Clydesdale/Athena

**Pricing**:

SPECIAL RATE MILITARY (Now - Oct 4)
\$30 Individual, \$60 Relay Team
Early Registration (Now - Oct 4)
\$45 Individual, \$75 Relay Team
Two weeks before (October 11 - October 18)
\$60 Individual, \$90 Relay Team
Race Day
\$90 Individual, \$120 Relay Team

If not a USAT Member, you will also have to pay a \$15 fee.

**Start Time:** 

8:30 am stagger start at the City of Sumter Aquatics Center.

**Ways to Register:** 

To register, mail a check & filled-out form to City of Sumter Aquatics Center Attn: Susan Wild PO Box 1449 Sumter, SC 29150.

You can also register online: www.sumterswim.com or WWW.TRISUMTER.ORG



#### **Additional Information:**

- Registered participants pick up packets on Friday, October 18, from 4-8 p.m. at the City of Sumter SOUTH Hope Center, or on the morning of the race.
- Each participant will receive a long sleeve dry fit TriSumter shirt if registered by OCT 4.
   DRYFIT shirts NOT available after OCT 4.
- CANCELLATION POLICY: This event accepts refunds of 50% of the paid event price up to 14 days prior to the event date or until the event has filled. Event entries are not transferable between persons, events or years. NO EXCEPTIONS will be made to this policy.
- The race will be organized and timed by a professional service. Please no pets or strollers.
- Stroke and Endurance Training for the triathlon will be provided at the City of Sumter Aquatics Center starting May 25 through October 16. Call (803) 774-3998 for training times, to register and for more information. Free lap swim admission with paid registration.
- A listing of local hotels and event information can be found at www.sumtersc.gov.

**Weather Policy:** 

In the event of inclement weather, the following procedures will be followed:

1. The event will be postponed until 9:30AM in hopes the inclement weather will pass.
2. If inclement weather does not pass at 9:30AM the event will be changed to a duathlon with a time trial start 17 mile Bike, 5K Run format.

3. If a duathlon is not possible the event will be cancelled and a 50% credit will be issued for all registered participants into the 2020 event. No refunds will be issued if the event is cancelled due to inclement weather.

4. If the event is cancelled due to inclement weather prior to event weekend a 50% credit will be issued for all registered participants into the 2020 event. No refunds will be issued if the event is cancelled due to inclement weather.



### ANNUAL TRISUMTER TRIATHLON REGISTRATION FORM

<u>KEGISTRATION FORIVI</u>	
Name	
Date of Birth:	-
Gender ( ) Male ( ) Female	
Address	
City	State
Zip Code	
Cell Phone	
E-mail	
100-Yard Swim Time*	
Adult DRY-FIT SHIRT Size (EARLY BIRD ONLY - Oct 4 () Small () Medium () L Athlete Release I understand that a triath	arge ()XL ()2X
hazardous activity. I sho run unless I am medically trained. I assume all risk running in this event ir limited to: falls, contact pants, the effects of the whigh heat and humidit condition of the road, an known and appreciated by this waiver and knowing consideration of your according to myself and anyone ac	ould not enter and able and properly able and properly as associated with not with other particive at the facts and the able to such risks being y me. Having read these facts and intenting on my behalf y of Sumter and all atives and succesbilities of any kind ation in this event y may arise out of ess on the part of ess on the part of the sess on the s
Athlete's Signature (Parent Signa	ture if under 18)
Emergency Contact and Phone	

\*Athletes will be given their number in line to enter the pool based on their average 100-yard swim time. If your time changes significantly before October 17, please notify the Aquatics Center to update at 803-774-3998.