

# 2019



## RACE ROUTE

### BIKE ROUTE:

- Aquatics Center left onto Lafayette
- Lafayette left onto 521
- *Approximately an 8.5 mile bike to Love Church at the Sumter and Clarendon County State line (turn around).*
- 521 left to Lafayette
- Lafayette right to the Aquatics Center and transition area.

### RUN ROUTE:

- Aquatics Center through the Hope Center parking lot left onto Red Bay
- Red Bay right onto Habitat Drive
- *Turn around at the last cul-de-sac on Habitat*
- *Habitat left onto Red Bay*
- Red Bay right onto Lafayette
- Lafayette to the Aquatics Center and
- Finish Line!



## TriSumter Triathlon

Saturday, October 19, 2019 8:30 am

City of Sumter Aquatics Center  
1115 S. Lafayette Drive  
Sumter, SC 29150

**TriSumter starts with a 300 yard pool swim in the outdoor heated pool at the City of Sumter Aquatics Center.**

**It will be a stagger start with one person starting every five seconds.**

**There will be a 17 mile bike course and a 5K running course that will travel through the Sumter area.**

**All events will start and end at the City of Sumter Aquatics Center.**

**Online registration is available:  
WWW.TRISUMTER.ORG**

The TriSumter Triathlon is a USAT sanctioned race. The swim is a 300 yard pool swim in the outdoor heated pool at the City of Sumter Aquatics Center. It will be a stagger start with one person starting every five seconds. There will be a 17 mile bike course and a 5K running course that will travel throughout the Sumter area. All of the events will start and end at the City of Sumter Aquatics Center.

#### Age Groups:

12-15	16-19
20-24	25-29
30-34	35-39
40-44	45-49
50-54	55-59

**60 and above**  
**Clydesdale/Athena**

#### Pricing:

**SPECIAL RATE MILITARY (Now - Oct 4)**

**\$30 Individual, \$60 Relay Team**

**Early Registration (Now - Oct 4)**

**\$45 Individual, \$75 Relay Team**

**Two weeks before (October 11 - October 18)**

**\$60 Individual, \$90 Relay Team**

**Race Day**

**\$90 Individual, \$120 Relay Team**

*If not a USAT Member, you will also have to pay a \$15 fee.*

#### Start Time:

8:30 am stagger start at the City of Sumter Aquatics Center.

#### Ways to Register:

To register, mail a check & filled-out form to City of Sumter Aquatics Center  
Attn: Susan Wild  
PO Box 1449  
Sumter, SC 29150.

**You can also register online:**

**[www.sumterswim.com](http://www.sumterswim.com)**

**or**

**[WWW.TRISUMTER.ORG](http://WWW.TRISUMTER.ORG)**



#### Additional Information:

- Registered participants pick up packets on Friday, October 18, from 4-8 p.m. at the City of Sumter SOUTH Hope Center, or on the morning of the race.
- Each participant will receive a long sleeve dry fit TriSumter shirt if registered by OCT 4. **DRYFIT shirts NOT available after OCT 4.**
- CANCELLATION POLICY:** This event accepts refunds of 50% of the paid event price up to 14 days prior to the event date or until the event has filled. Event entries are not transferable between persons, events or years. NO EXCEPTIONS will be made to this policy.
- The race will be organized and timed by a professional service. Please no pets or strollers.
- Stroke and Endurance Training for the triathlon will be provided at the City of Sumter Aquatics Center starting May 25 through October 16. Call (803) 774-3998 for training times, to register and for more information. Free lap swim admission with paid registration.
- A listing of local hotels and event information can be found at **[www.sumtersc.gov](http://www.sumtersc.gov)**.

#### Weather Policy:

***In the event of inclement weather, the following procedures will be followed:***

- The event will be postponed until 9:30AM in hopes the inclement weather will pass.
- If inclement weather does not pass at 9:30AM the event will be changed to a duathlon with a time trial start 17 mile Bike, 5K Run format.
- If a duathlon is not possible the event will be cancelled and a 50% credit will be issued for all registered participants into the 2020 event. No refunds will be issued if the event is cancelled due to inclement weather.
- If the event is cancelled due to inclement weather prior to event weekend a 50% credit will be issued for all registered participants into the 2020 event. No refunds will be issued if the event is cancelled due to inclement weather.



#### **ANNUAL TRISUMTER TRIATHLON** **REGISTRATION FORM**

Name \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender ( ) Male ( ) Female

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**100-Yard Swim Time\*** \_\_\_\_\_

#### **Adult DRY-FIT SHIRT Size**

**(EARLY BIRD ONLY - Oct 4)**

( ) Small ( ) Medium ( ) Large ( ) XL ( ) 2X

#### **Athlete Release**

I understand that a triathlon is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the condition of the road, and such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone acting on my behalf, waive and release the City of Sumter and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
Athlete's Signature (Parent Signature if under 18)

\_\_\_\_\_  
Emergency Contact and Phone

***\*Athletes will be given their number in line to enter the pool based on their average 100-yard swim time. If your time changes significantly before October 17, please notify the Aquatics Center to update at 803-774-3998.***