

# Program Sign-Up



## □ Preschool Aquatics (Swimming Course for Children):

Children ages 4 and 5 learn water safety, survival skills and foundational swimming concepts in a safe and fun environment. Skills are age-appropriate, allowing students to achieve success on a regular basis. Course length: Varies by Swimmer. Courses typically meet for 30 minutes over 8-10 sessions

Level 1 helps children become comfortable in the water and basic water safety. Level 2 builds on Level 1 and introduces fundamental skills, such as kicking. Level 3 focuses on coordinating arm and leg movements and improving upon skills learned in Levels 1 and 2.

### ■ Parent and Child Aquatics:

Developed for children 6 months to 3 years, Parent and Child Aquatics helps young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills, including water entry, bubble blowing, front kicking, back floating, underwater exploration and more.

Course length: Varies by Swimmer. Courses typically meet for 30 minutes over 7-10 sessions.

In Level 1, children learn basic skills through fun activities, such as blowing bubbles and playing with water toys. In Level 2 parents work with their children to practice floating, kicking and swimming back to the side of the pool.

Tues. - Fri.: 5:15-6:00 pm (Call for other available times depending on time of season)

#### ■ Swim Lessons:

Our six-level Learn-to-Swim program is unlike anything offered by other learn to swim programs. The program is designed for children over 6 years all the way up to adults, and students progress through the levels at their own pace, mastering the skills in one level before advancing to the next. Each level of our Learn-to-Swim class includes training in basic water safety and helping others in an emergency, in addition to stroke development.

Course length: Varies by Swimmer. Courses typically meet for 8-10 sessions of 30-45 minutes each \$40 - 2 Weeks \$32 - 2 Weeks Government Rate

Tues. - Fri.: 5:15-6:00 pm Aquatots & Limited Swim Lessons for All Ages Tues. - Thur.: 5:15-7:00 pm & Sat.: 10:00 am-11:00 am Special Needs Class

11:00 am-12:00 pm Swim Lesson Mak-Up Classes

#### **☐** Swim Team:

Now is the time to join a swim team! If you enjoy swimming you will enjoy participating on a summer team. The City of Sumter Stealth Swim Team has two levels available. There is a class for beginners and a class for advanced swimmers. The team is a memeber of the Columbia Swim League and has a great time attending home and away swim meets. All Team Members must be able to swim. Join today!

Tues. - Fri.: 7:00 am - 8:30 am Ages 6-18 Swimmers \$60 for the season or \$48 GOV RATE

## Swim Camp:

Due to the waiting lists and requests for more weeks of Swim Camps; THEY ARE HERE! Our Aquatics Center Staff love to have fun and know that learning about the importance of water safety and how to swim in an atmosphere with friends, water and sunshine is truly SOME SUMMER FUN! Group swim lessons, fun & safety, innovative games, guest speakers, camper surprises and more!

Mon. - Fri.: 9:00 am - 12:00 pm Ages 6-12

\$40 per week or \$360 for 10 Week Session \$32 per week or \$288 for 10 Week Session GOV RATE

10 WEEKS! JUNE 11 - AUGUST 16

Swim Camp: Limit 40 Campers - Register EARLY!