2015

Recovery Road Race

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earth day 2015

Sustainable SUMTER

April 18, 2015
8 am - 12 pm
Swan Lake
(Gazebo Side)
803~436~2640

Live Entertainment, Green Vendors & Educators,
Green Activities and more...FREE admission!
Bring your blanket or chair but no coolers please.

NEW this year!

SONIC America's Drive-In

FREE Sonic hot dogs starting at 10:30 a.m. One (1) per person, while supplies last. Drinks will be for sale.

SAFE FEDERAL CREDIT UNION

FREE document shredding brought to you by SAFE Federal Credit Union.

and don't forget...

Sumter Green Truck Load Sale

Corner of Liberty and Bland

803.436.2640 ~ Like Sumter Green on Facebook

Sumter UNCOMMON PATRIOTISM

YPS Young Professionals of Sumter

2015

Recovery Road Race

The 2015 Recovery Road Race begins at Heath Pavilion, located at the end of Garden Street adjacent to Swan Lake Iris Gardens, and ends at the Heath Gardens of Swan Lake. The 5K route is USTAF certified. Prizes will be awarded to overall male and female winners and to age group leaders. The proceeds from this annual race will benefit a recovery-related organization here in Sumter. This year, emphasis is on local environmental recovery. All proceeds will go to The Friends of Swan Lake whose mission is to create awareness and interest, fund special projects, and work to maintain and improve Swan Lake Iris Gardens. Come on out and be able to say you took part in the fifth annual Recovery Road Race!

Entry Fees:

10K Run/Walk

Online and Mail-In on or before April 11, 2015: $25

Online and Mail-In after April 11, 2015 (including race day): $30

5K Run/Walk

Online and Mail-In on or before April 11, 2015: $20

Online and Mail-In after April 11, 2015 (including race day): $25

Participants who register before April 11, 2015 *will receive a commemorative T-shirt.*

Start Time:

Registration at Heath Pavilion: 7:30 a.m.

Race Start: 9:00 a.m.

Strollers welcome.

No pets, please.

Ways to Register:

1.) Online at www.strictlyrunning.com. Race route and other information can be found online at **http://www.sumtersc.gov/recreation.aspx.**

2.) Mail in attached registration form to City of Sumter, Attn. Susan Wild, PO Box 1449, Sumter, South Carolina 29151. Make checks payable to Recovery Road Race. *No cash, please. Do not send registrations after April 11, 2015.*

3.) Drop off registration form and check at one of the following locations: Sumter Family YMCA, Bronwyn McElveen at the Sumter County Courthouse or any of the staff at the Swan Lake Visitors Center. Please make checks payable to Recovery Road Race. *No cash, please. Deadline for drop-off is April 16, 2015 at 5:30 pm.*

Packet Pick-up

Participants must pick up their timing chips and bibs the morning of the race at Heath Pavilion, located at the end of Garden Street next to Swan Lake Iris Gardens, starting at 7:30 a.m. Parking will be available next to the Heath Pavilion for all participants.

Race Day Registration

Participants can register the day of the race at Heath Pavilion at the higher rates listed. Participants who register the day of the race are also not guaranteed to receive a T-shirt, so register early!

RACE ROUTE

RECOVERY ROAD RACE
REGISTRATION FORM

Name _____

Date of Birth_____ Gender ( ) Male ( ) Female

Address _____

City _____ State _____ Zip Code _____

Phone _____ E-mail _____

Emergency Contact Name _____

Phone _____

Select Event (Please check one)

( ) 10K Run/Walk ( ) 5K Run/Walk

Adult T-Shirt Size

( ) Small ( ) Medium ( ) Large ( ) XL ( ) 2X

Athlete Release

I understand that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the condition of the road, and such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone acting on my behalf, waive and release the City of Sumter and Young Professionals of Sumter, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

_____

Athlete's Signature (Parent Signature if under 18)

_____

Emergency Contact and Phone