



Aquatics Center Program Sign-Up



Guard Start: A swim test is REQUIRED for this class. Class objectives include Prevention, Fitness, Response, Leadership and Professionalism. This program will provide a foundation of Aquatic and leadership knowledge attitudes and skills for future successful completion of the Red Cross Lifeguard Training Course. Participants receive a t-shirt.
Ages 11-14 \$35 per person

Lifeguard Training: A swim test is REQUIRED for this class. Learning the proper techniques for making water rescues, CPR for the Professional Rescuer, AED Training, and First Aid are all a part of this class. After successful completion of this course you will be certified in American Red Cross Lifeguarding.
Ages 15 and up \$100 per person

Swim Camp: Swim lessons, fun & safety, innovative games, guest speakers, camp t-shirt and more.
Ages 6-12 \$35 per week, \$60 for two weeks, \$90 for three weeks

Swim Lessons: All classes are taught by certified ARC Instructors.
Parent/Tot (6 mos.-3 yrs.); Ages 3-5; Ages 6-12; Ages 13-Adult
\$25 per week or \$40 for two weeks

Swim Team: Swimmers will advance from developmental (beginners) to advanced levels of competition. The swim team uses a team concept that will emphasize safety, fun, fitness, and friendship for the entire family. The team will be supervised by ARC-certified lifeguards and USA-Swimming certified coaches.
Ages 6-18 \$5 per week or \$20 per month

Water Aerobics: Adults only. \$3 per class.

www.sumtersc.gov/aquatics-center.aspx ~ or ~  www.facebook.com/AquaticsCenter

Name: _____ Age: _____ M or F

Address: _____ Phone: _____

Email: _____ School: _____

Dates Requested: _____ T-shirt Size _____ Fee: _____

RELEASE
Upon entering the program(s), I (we) hereby release the City of Sumter and the Instructor from any and all responsibility for accidents or losses incurred at the City of Sumter Aquatics Center. I (we) also understand I (we) will receive communications via email (unless not applicable) for updates and notifications.

_____/_____/_____
Signature of parent or legal guardian if under 18. Please Print Signature Date