



# Aquatics Center Program Sign-Up



**Jr. Lifeguard:** A swim test is REQUIRED for this class. Class objectives include Prevention, Fitness, Response, Leadership and Professionalism. This program will provide a foundation of Aquatic and leadership knowledge attitudes and skills for future successful completion of the Red Cross Lifeguard Training Course. Participants receive a t-shirt.

*Ages 11-14 \$35 per person*

**Lifeguard Training:** A swim test is REQUIRED for this class. Learning the proper techniques for making water rescues, CPR for the Professional Rescuer, AED Training, and First Aid are all a part of this class. After successful completion of this course you will be certified in American Red Cross Lifeguarding.

*Ages 15 and up \$100 per person*

**Swim Camp:** Swim lessons, fun & safety, innovative games, guest speakers, camp t-shirt and more.

*Ages 6-12 \$35 per week, \$60 for two weeks*

**Swim Lessons:** All classes are taught by certified ARC Instructors.

*Parent/Tot (6 mos.-3 yrs.); Ages 3-5; Ages 6-12; Ages 13-Adult  
\$25 per week or \$40 for two weeks*

**Swim Team:** Swimmers will advance from developmental (beginners) to advanced levels of competition. The swim team uses a team concept that will emphasize safety, fun, fitness, and friendship for the entire family. The team will be supervised by ARC certified lifeguards and USA-Swimming certified coaches.

*Ages 5-18 \$20 per month*

[www.sumtersc.gov/aquatics-center.aspx](http://www.sumtersc.gov/aquatics-center.aspx) ~ or ~  [www.facebook.com/AquaticsCenter](https://www.facebook.com/AquaticsCenter)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M or F

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ School: \_\_\_\_\_

Dates Requested: \_\_\_\_\_ T-shirt Size \_\_\_\_\_ Fee: \_\_\_\_\_

### RELEASE

Upon entering the program(s), I (we) hereby release the City of Sumter and the Instructor from any and all responsibility for accidents or losses incurred at the City of Sumter Aquatics Center. I (we) also understand I (we) will receive communications via email (unless not applicable) for updates and notifications.

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Signature of swimmer or parent/guardian if under 18. Please Print Signature Date